



HIV.STI.Hepatitis Testing in ND

November 9, 2022: Building Bridges



Health & Human Services

Topics

- Screening Recommendations
- CTR Program: HIV & HCV Testing
- STI Testing
- At-Home STI & HIV Testing
- HIV Prevention
- Hepatitis C Treatment
- Resources



Many Sexually Active Individuals Should be Tested Yearly for Chlamydia & Gonorrhea.

Women	<p>Sexually active women under 25 years of age</p> <p>Sexually active women aged 25 years and older if at increased risk</p> <p>Retest approximately 3 months after treatment</p>
Pregnant Women	<p>All pregnant women under 25 years of age</p> <p>Pregnant women, aged 25 and older if at increased risk</p> <p>Retest during the 3rd trimester for women under 25 years of age or at risk</p> <p>Note: Pregnant women with chlamydial infection should have a test-of-cure 3-4 weeks after treatment and be retested within 3 months</p>
Men	<p>Consider screening young men in high prevalence clinical settings or in populations with high burden of infection (e.g. MSM)</p>
Men Who have Sex With Men (MSM)	<p>At least annually for sexually active MSM at sites of contact (urethra, rectum) regardless of condom use</p> <p>Every 3 to 6 months if at increased risk*</p>
Transgender & Gender Diverse Individuals	<p>Screening recommendations should be adapted based on anatomy (i.e., annual, routine screening in cisgender women < 25 years old should be extended to all transgender men and gender diverse people with a cervix.</p>

*Test every 3-6 months people with multiple sex partners, who have anonymous sex partners, with inconsistent condom use when not in a mutually monogamous relationship, who have sex with men who have sex with men, with history of STI infections, who exchange sex for drugs or money, who have sex while drunk or high, who have ever injected drugs and/or received tattoos and/or body piercings in an unlicensed setting.

There have been 5 cases of congenital syphilis in N.D. since Jan. 2020.

Syphilis Screening Recommendations

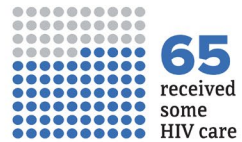
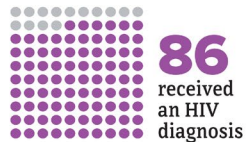
Pregnant Women	<ul style="list-style-type: none">•All pregnant women at the first prenatal visit•Retest early in the third trimester and at delivery
Men Who have Sex With Men (MSM)	<ul style="list-style-type: none">•At least annually for sexually active MSM•Every 3 to 6 months if at increased risk
Persons with HIV	<ul style="list-style-type: none">•For sexually active individuals, screen at first HIV evaluation, and at least annually thereafter•More frequent screening might be appropriate depending on individual risk behaviors and the local epidemiology



Everyone 13 to 64 years should know their HIV status.

HIV in the United States

Not all people with HIV are getting the care they need. An estimated **1.2 million people had HIV in the US in 2018**. For every 100 people with HIV:*



* Includes people with diagnosed or undiagnosed HIV.

www.cdc.gov/hiv | 1-800-CDC-INFO

Get Tested. Get in Care. Stay in Care. Stay Healthy.

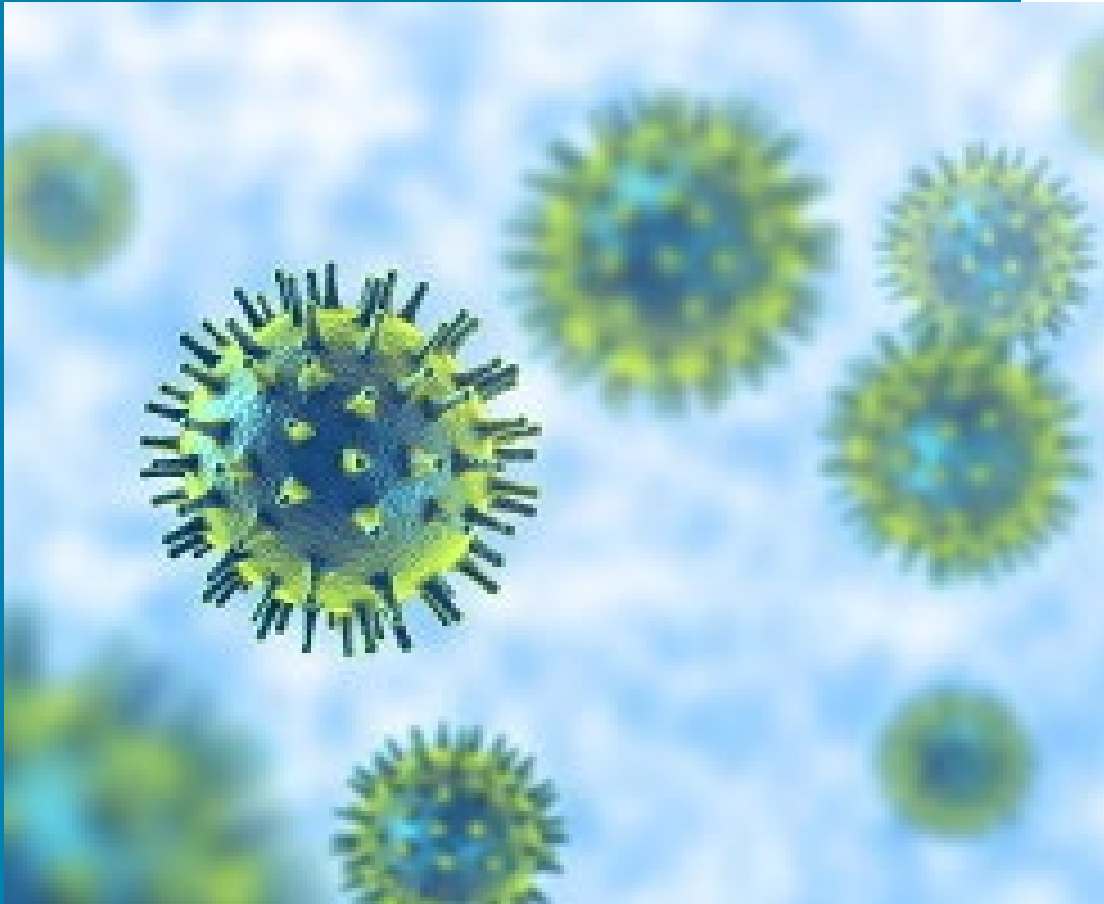
Sources: CDC. Monitoring selected HIV prevention and care objectives using HIV surveillance data—United States and 6 dependent areas, 2018. *HIV Surveillance Supplemental Report 2020,25(2)*.
CDC. Selected national HIV prevention and care outcomes (slides).
Based on the most recent data available in December 2020.



Additional HIV Screening

- Sex with HIV Positive Individual
- Persons who Injects Drugs
- Exchanged Sex for Drugs or Money
- Diagnosed with or Exposed to STDs
- Diagnosed with TB or Hepatitis
- Anonymous Sex Partners
- Pregnant Women – Each Pregnancy
- Men who Have Sex with Men

Hepatitis C screening is recommended for all U.S. adults and all pregnant women during every pregnancy.



HCV Screening

- All adults aged 18 years and older
- All pregnant women during each pregnancy
- People who ever injected drugs and shared needles, syringes, or other drug preparation equipment, including those who injected once or a few times many years ago
- Children born to mothers with HCV infection

CTR Sites Provide Free HIV and HCV Testing in ND.



CTR: Counseling, Testing and Referral

- Free HIV and HCV Rapid Testing
 - Results Available in About 20 Minutes
- Many Clinic Types: Family Planning Clinics, Student Health, Local Public Health Units, Community Health Centers, Syringe Service Programs
- www.health.nd.gov/HIV/Testing

Many CTR Sites Also Offer STI Testing.



- STI testing is based on site of exposure. Individuals are charged per site tested.
- Some CTR sites offer low cost or reduced fee STI testing.
-

Individuals can be Tested for HIV, STIs and Hepatitis C without Leaving Their Home.



**Test Easy,
Rest Easy**

**STI & HIV Home Test
Collection Program**

Benefits of Home Testing

- ✓ Anytime, Anywhere Testing
- ✓ Private
- ✓ FREE!



<https://nddoh.mybinxhealth.com/>

1. Complete Assessment, Choose Tests
2. Kit Arrives at Home
3. Individual Collects Samples, Returns Kit
4. Results Delivered Electronically or by Phone
5. Clinician Follow-Up as Needed

HIV PrEP Access in North Dakota.

- PrEP is available at some CTR sites.
- At-Home Testing: PrEP Labs.
- PrEP not available at all primary care offices.
- Important component of prevention services for persons who inject drugs.

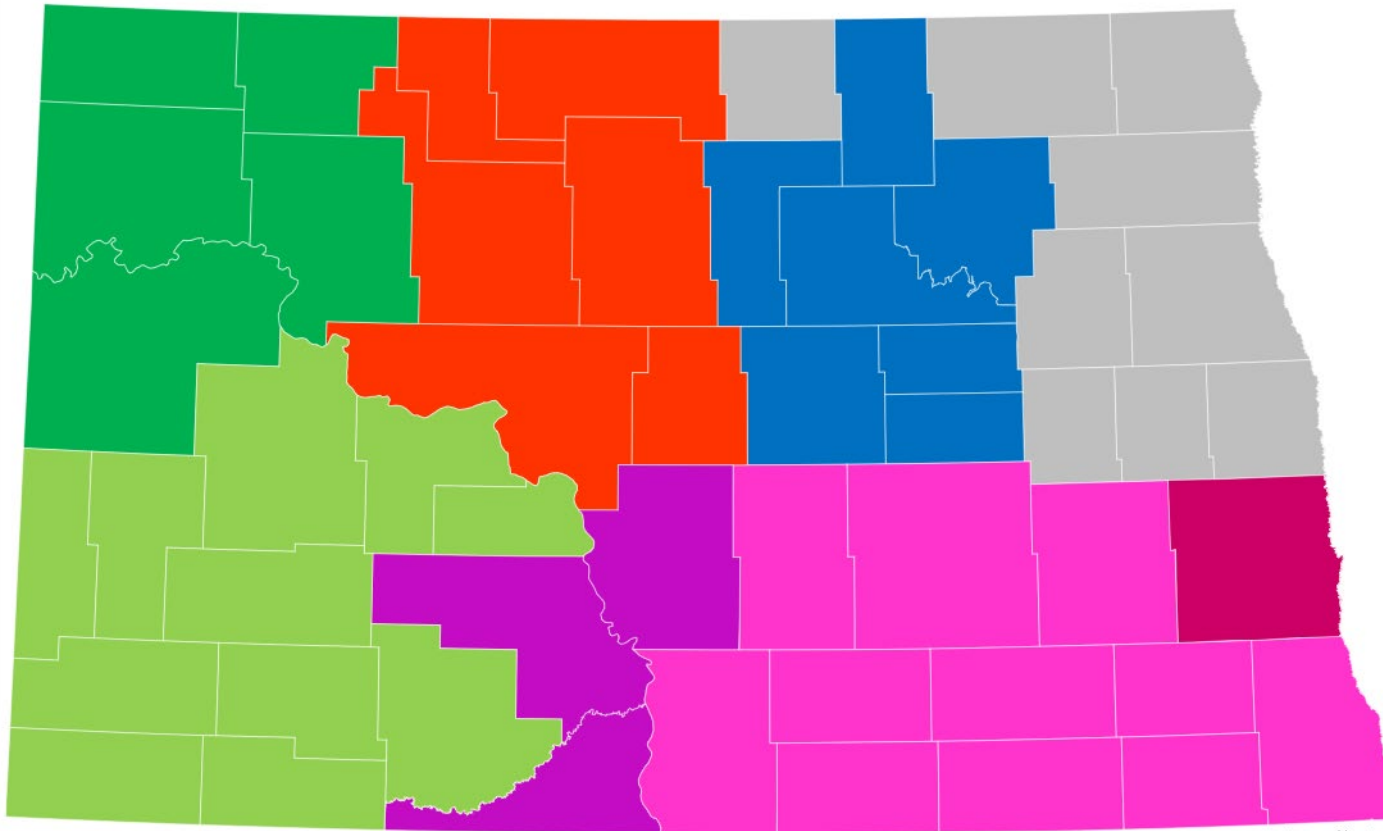


Hepatitis C Treatment in North Dakota.



- Limited number of primary care providers prescribe treatment; HCV treatment primarily performed by Infectious Disease physicians
- Insurance Restrictions, ND Medicaid
 - No history of alcohol use disorder or history of injection drug use: 1 drug and alcohol test
 - Enrolled or Completed Substance Use Treatment Program: 1 drug and alcohol test, assessment for readiness of treatment
 - Has not completed substance use treatment program: 2 drug and alcohol tests, at least 3 months apart; has maintained sobriety for the past year

Resource for Your Area: Field Epidemiologists. Partner Services, Case Investigations.



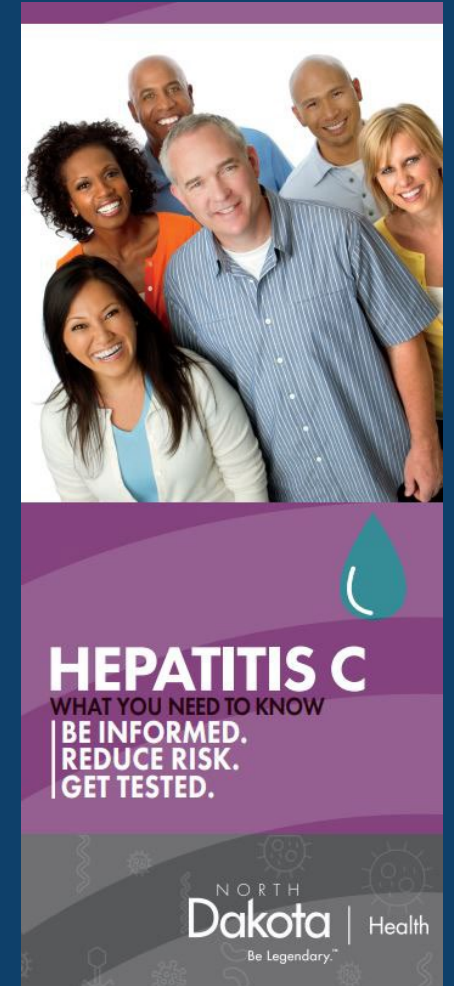
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Educational Materials and Prevention Supplies Available.

health.nd.gov/HIV/Supplies

- Brochures
- Posters
- Prevention Supplies: Condoms, Dental Dams, Lubricant, Safer Sex Kits
- Provider Guides for Sexual Health Services



The United States will be a place where sexually transmitted infections are prevented and where every person has high-quality STI prevention, care, and treatment while living free from stigma and discrimination. This vision includes all people, regardless of age, sex, gender identity, sexual orientation, race, ethnicity, religion, disability, geographic location, or socioeconomic circumstance.

*Vision from the
STI National Strategic Plan: 2021 - 2025*

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