

38th Annual

Dakota Conference

on Rural and Public Health



***Providing Quality Education for
Rural and Public Health Professionals***

June 14 – 16, 2023

Bismarck Event Center

Bismarck, North Dakota

Facilitated by

Center for Rural Health at the University of North Dakota (UND) School
of Medicine & Health Sciences (SMHS)

Supported by

Altru Health System
Center for Rural Health, UND SMHS
College of Nursing and Professional Disciplines, UND
North Dakota Public Health Association
North Dakota Rural Health Association

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Planning Committee

Altru Health System

Audrey Lorenz, *Director Strategy and Regional Development*

Center for Rural Health, University of North Dakota School of Medicine & Health Sciences

Kylie Nissen, *BBA, CHA, Program Director*
Brittany Dryburgh, *MPH, Project Coordinator*
Kayli Gimse, *Project Assistant*
Jena Pierce, *BA, Communications Manager*

College of Nursing and Professional Disciplines, University of North Dakota

Tracy Evanson, *PhD, RN, PHNA-BC, Director, PhD Program in Nursing and Assessment Coordinator, MATTC for Behavioral Research*

North Dakota Public Health Association

Joni Tweeten, *MS, RN, PHNA-BC, Clinical Assistant Professor, UND College of Nursing and Professional Disciplines*

North Dakota Rural Health Association

Brittany Ness, *RN, Administrator, Luther Memorial Homes*

Office of Continuing Medical Education, University of North Dakota School of Medicine & Health Sciences

Mary Johnson, *BA, Assistant and Program Coordinator*

Goals

1. Provide continuing education to health and human service administrators, managers, researchers, and clinical providers in the areas of:
 - Healthcare administration
 - Health promotion/disease prevention
 - Environmental health/occupational health
 - Diverse populations/health disparities
2. Create an environment of learning that is informative and educational to an interdisciplinary and multidisciplinary audience of health and human service professionals.

3. Provide conference participants with the opportunity to formally present community-based solutions to common rural and public health issues.
4. Provide conference participants with the opportunity to informally network with others, to share skills and strategies that address access, financial, and quality-of-care issues found in rural and public health.
5. Foster an environment that is conducive to collaboration between different organizations, health and human service disciplines, and communities.

Objectives

Upon completion of this conference, participants will be able to describe strategies meant to address access, financial, and quality-of-care issues found in rural and public health, define solutions to improving health, and develop skills that will be taken to the participants' communities and implemented in their healthcare practices.

Using the Conference App - Guidebook

Guidebook is an interactive app that allows us to easily share up-to-date event information and materials with you on your mobile device.

Review the conference agenda, create your own schedule, complete pre/posttests and evaluations, look up speakers, learn more about our sponsors, and network with fellow attendees.

Downloading the App

Scan the QR Code to the right or get our guide here: <https://tinyurl.com/23DakConfApp>.

Download the free Guidebook app via the App Store or Google Play.

After Guidebook is done downloading, click "Have a passphrase?" and enter **dakconf2023** to download our guide.

To view the app tutorial on how to use the app, visit <https://tinyurl.com/23DakConfApp>.



Housekeeping Items

Denim Day – Conference attendees are asked to participate in Denim Day by wearing jeans on Friday, June 16 and donating to Youthworks of North Dakota. Donations may be made at the registration desk.

Youthworks' mission is "Helping ensure that every youth has a safe place to belong and be heard." Their focus and expertise is in working with teens, parents, and young adults under 22 years of age. Most of the services are free and when there is a charge, it is based on a family's ability to pay.



Handouts – All presentation handouts may be found at <https://ruralhealth.und.edu/dakota-conference/presentations-2023> or by scanning the QR code.



Pretests and Evaluation/Posttests – Everyone is asked to complete a pretest prior to each presentation attended and evaluation/posttest following each presentation attended. You can do this on the app! Go to "Agenda," select the presentation, and click on the links.

Join Us on Social Media! – Follow the 38th Annual Dakota Conference on Facebook and Snapchat. Stop by the photo booth and tag your photos and social media posts using [#DakotaConference](#).

Facebook: [Dakota Conference on Rural and Public Health](#)

Snapchat: [dakconference](#)



We encourage you to capture and share photos and short video clips no longer than 30 seconds during this event. However, we ask that you refrain from recording or live streaming full presentations.

CONFERENCE SCHEDULE

Tuesday, June 13

6:00 – 8:00 pm **Registration**
Lower Level Lobby

6:00 – 8:00 pm **Exhibitor Set-Up**
Hall B (check in at registration desk before setting up)

Wednesday, June 14

7:00 am – 6:00 pm **Registration**
Lower Level Lobby

7:00 am – 1:30 pm **Exhibitor Set-Up**
Hall B (check in at registration desk before setting up)

8:30 – 11:30 am **North Dakota Public Health Association Meeting**
Prairie Rose Room 102 Continental breakfast will be served.
(Breakouts- PRR 103 & 104)

9:00 – 10:30 am **North Dakota Rural Health Association Membership/Interest Meeting**
Prairie Rose Room 101 Continental breakfast will be served.

10:30 – 11:00 am **North Dakota Rural Health Association Board Meeting**
Prairie Rose Room 101

11:30 am – 12:30 pm **Lunch**
Hall A

12:15 – 12:25 pm **Welcome and Announcements**
Hall A

12:25 – 12:30 pm **Exhibitor Message**
Hall A

12:30 – 1:30 pm

Hall A

Keynote 1: *Caring for Humans: Reflecting on What DEIA Values Mean for Your Career*

Anne Kelsch, PhD, Director of Faculty Development, Teaching Transformation & Development Academy - University of North Dakota, Grand Forks

Anna Kinney, MA, Coordinator of University Writing Program, University of North Dakota, Grand Forks

1:35 – 2:20 pm

Prairie Rose Room 101

Session 1: *The Future of Public Health in North Dakota*

Nizar Wehbi, State Health Officer, North Dakota Department of Health and Human Services, Bismarck

Prairie Rose Room 102

Session 2: *MCH Programs – But What About Dad*

Tracy Miller, PhD, MPH, State Epidemiologist, Health Statistics & Performance, North Dakota Department of Health and Human Services, Bismarck

Prairie Rose Room 103

Session 3: *Nursing Workforce Panel*

Billie Madler, DNP, APRN, FNP, FAANP, Associate Dean of Nursing, University of Mary, Bismarck

Molly Nelson, BAN, RN, Nursing Care Coordinator, University of Mary, Hazen

Kayla Carter, RN, Sakakawea Medical Center, Hazen

Prairie Rose Room 104

Session 4: *Poster Sessions*

Implementation of a Vax Champ in the Community Pharmacy Setting

Allison Hursman, PharmD, BCGP, Adjunct Professor - North Dakota State University/Population Health Pharmacist - Essentia Health, Fargo

Long-term Effects from the COVID-19 Pandemic on Diabetic Patients in an Ambulatory Family Medicine Clinic Population

Swami Gade, MD, Faculty Physician, University of North Dakota Center for Family Medicine, Bismarck

Gender Differences in HPV Vaccination Rates, Knowledge, and Beliefs Among College Students at the University of North Dakota

Mary Labuhn, BS, Graduate Research Assistant, University of North Dakota, Grand Forks

Claire Erickson, BS, Graduate Research Assistant, University of North Dakota, Grand Forks

2:20 – 2:45 pm

Visit Exhibits/Networking & Refreshments Break

Hall B

2:45 – 3:45 pm

Hall A

North Dakota Department of Health and Human Services Panel Presentation

Kirby Kruger, Director of Disease Control and Forensic Pathology

Tim Weidrich, Health Response and Licensure Section Chief

Kim Mertz, Section Director, Healthy & Safe Communities

Krissie Guerard, MS, Health Equity Director

3:45 – 5:45 pm

Welcome Reception

Hall B

Thursday, June 15

7:00 am – 6:30 pm

Registration

Lower Level Lobby

7:00 – 8:00 am

Continental Breakfast

Hall A

7:45 – 8:00 am

Exhibitor Messages

Hall A

8:00 – 9:00 am

Hall A

Keynote 2: *Harnessing the Power of Public Health Together*

Chris Chanyasulkit, PhD, MPH, President American Public Health Association, Temple University, Brookline, MA

9:00 – 10:00 am

Visit Exhibits/Snack Break

Hall B

10:00 – 11:15 am

Hall A

Ways to Address Workforce Challenges Panel

Janna Pastir, MPH, Deputy Director, Workforce Development, North Dakota Department of Commerce, Bismarck

Pat Bertagnolli, SHRM-SCP, Executive Director, Job Service North Dakota, Bismarck

11:20 am – 12:05 pm

Prairie Rose Room 101

Session 5: *Best Practices for Local Public Health Working With Legislators to Advance Health in All Policies*

Chris Chanyasulkit, PhD, MPH; APHA President, Brookline, MA

Prairie Rose Room 102

Session 6: *Vaccination Perceptions and Behaviors Among Adults Aged 65 and Older in North Dakota*

Andrea Huseh-Zosel, PhD, Associate Professor, North Dakota State University, Fargo

Prairie Rose Room 103

Session 7: *Rural Workforce: Innovations and Outcomes in North Dakota*

David Schmitz, MD, Professor and Chair, University of North Dakota School of Medicine & Health Sciences, Grand Forks

Kamille Sherman, MD, Assistant Professor, University of North Dakota School of Medicine & Health Sciences, Grand Forks

Stacy Kusler, BA, Workforce Specialist, University of North Dakota Center for Rural Health, Grand Forks

Prairie Rose Room 104

Session 8: *Poster Sessions*

Tough Work Is Easier With Tools: A Major Depressive Disorder Toolkit for Primary Care

Konnie Jurek, DNP, Integrated Care Psychiatric Consultant, CHI Health, Papillion, Nebraska

Attracting Professionals to Rural Healthcare: The Experiences of a North Dakota Physical Therapy Program to Attract Students & Promote Rural Health

Matt Schumacher, PT, DPT, OCS, FAAOMPT, Assistant Professor, University of Mary, Bismarck

Donald Allen, PT, MPT, PhD, Assistant Professor, University of Mary, Bismarck

Melissa Taylor, PT, DPT, ATC, NCS, Associate Professor, University of Mary, Bismarck

Interprofessional Education: Bridging the Gap

Michelle Keller, PT, MPT CEEAA, EdD Board Certified Clinical Specialist in Geriatric Physical Therapy, Instructor, Director of Pro-Bono Clinic, University of Mary, Bismarck

Jennifer Schroeder, OTD, OTR/L, Associate Professor, University of Mary, Bismarck

Joscelyn Varland, OTD, OTR/L, CLT, Associate Professor and Academic Fieldwork Coordinator, University of Mary, Bismarck

Catherine Staloch, PT, DPT, GCS, CEEAA, Board Certified Geriatric Clinical Specialist, Assistant Professor, University of Mary, Bismarck

12:05 – 1:35 pm

Hall A

Awards Banquet Luncheon

Lunch included with registration

1:35 – 2:35 pm

Hall A

Keynote 3: *Health Structural Change Including Value and Impact on Providers/Nurses*

Betty Rambur, PhD, RN, FAAN, Professor of Nursing, Routhier Endowed Chair for Practice, and Interim Dean, College of Nursing, University of Rhode Island, Kingston, Rhode Island

2:40 – 3:40 pm

Prairie Rose Room 101

Intensive 1a: *DEI: Workshop*

Alicia Belay, MPH, PhD, Assistant Director, Community Engagement, North Dakota Department of Health and Human Services, Bismarck

Prairie Rose Room 102

Intensive 2a: *Preparing Rural North Dakota Hospitals to Be Successful In a Value-Based Care and Payment Environment – Value-Based Care Part 1*

A. Clinton MacKinney, MD, MS, Clinical Associate Professor, College of Public Health University of Iowa

Karla Weng, MPH, CPHQ, Senior Program Manager, Stratis Health, Bloomington, MN

Nathan White, JD, President, Newpoint Healthcare Advisors, LLC

Prairie Rose Room 103

Intensive 3a: *Opioid Crisis Posters*

Collaboration of Public Health and Pharmacy to Stratify Patients for Opioid Risk

Alyssa Hodges, BS, Graduate Research Assistant, NDSU's ONE Program, Fargo

Alli Bushaw, Research Assistant, NDSU's ONE Program, Fargo

Anna Benson, Research Assistant, NDSU's ONE Program, Fargo

Environmental Scan of Buprenorphine/Naloxone Treatment Availability in North Dakota

Jayne Steig, PharmD, RPh, Assistant Professor of Practice, North Dakota State University School of Pharmacy, Fargo

Prairie Rose Room 104

Intensive 4a: *New American/Foreign Born/Immigrant Health in Our Rural Communities*

Luisa Hoyos, Community Liaison, North Dakota Department of Health and Human Services, Williston

3:40 – 3:50 pm

Get Up and Move/Snack Break

Hall A

3:50 – 4:50 pm

Prairie Rose Room 101

Intensive 1b: *DEI – Workshop*

Alicia Belay, MPH, PhD, Assistant Director, Community Engagement, North Dakota Department of Health and Human Services, Bismarck

Prairie Rose Room 102

Intensive 2b: *Value-Based Care – A Dive Into What It Looks Like for Our North Dakota Facilities - Part 2: CEO Panel*

A. Clinton MacKinney, MD, MS, Clinical Associate Professor, College of Public Health University of Iowa

Ben Bucher, FNP-BC, MBA, LNHA, CEO, Towner County Medical Center, Cando

Chris Albertson, MBA, CEO, Presentation Medical Center, Rolla

Stephanie Everett, BS, CEO, Mountrail County Medical Center, Stanley

Lukas Fischer, BSN, CEO, Linton Hospital and Medical Center, Linton

Marcus Lewis, MBA, NREMT, CEO, First Care Health Center, Park River

Karla Weng, MPH, CPHQ, Senior Program Manager, Stratis Health, Bloomington, MN

Brad Gibbens, MPA, Acting Director and Assistant Professor, Center for Rural Health, Grand Forks

Prairie Rose Room 103

Intensive 3b: *Opioid Crisis Posters*

North Dakota Opioid Policy Environmental Scan

Shraddha Adhikari, MS, Graduate Research Assistant, North Dakota State University, Fargo

Mark Strand, PhD, MS, CPH, Professor, North Dakota State University, Fargo

Syringe Service Programs

Payton Drent, BS, Research Assistant/Intern, North Dakota State University Department of Public Health, Fargo

Prairie Rose Room 104

Intensive 4b: *LGBTQ+ Health in Our Rural Communities*

Katarina Domitrovich, MPH, Community Engagement Specialist, North Dakota Department of Health and Human Services, Bismarck

Friday, June 16

Denim Day for Youthworks of North Dakota

7:00 am – 12:30 pm **Registration**
Lower Level Lobby

7:00 – 8:00 am **Continental Breakfast**
Hall A

7:55 – 8:00 am **Announcements**
Hall A

8:00 – 9:00 am
Hall A

Keynote 4: *Mission Possible: Recruitment and Retention*

Kostas Voutsas, MBA, MS, RH/OD, Professor-Motivational Speaker-Corporate Trainer-Researcher-Author, Department of Management & Entrepreneurship, W.P. Carey School of Business, Arizona State University, Goodyear, AZ

9:05 – 9:50 am
Prairie Rose Room 101

Session 9: *North & South Dakota Perinatal Quality Collaborative*

Andrew Williams, PhD MPH, Assistant Professor, University of North Dakota School of Medicine & Health Sciences, Grand Forks

Morgan Barnes, BS, ND/SD Perinatal Quality Collaborative Coordinator, University of North Dakota School of Medicine & Health Sciences, Grand Forks

Prairie Rose Room 102

Session 10: *Elevate the Health and Well-Being of North Dakota: A Social Determinants of Health Perspective*

Amber Blomberg, Community Partnerships and Foundation Manager, Blue Cross Blue Shield of North Dakota, Fargo

Pam Gulleon, Executive Director, BCBSND Caring Foundation and Community Engagement, Blue Cross Blue Shield of North Dakota, Fargo

Karen Olson, BA, Research Specialist, North Dakota State University, Fargo

Prairie Rose Room 103

Session 11: *To Welcome Healing: How to Welcome Indigenous Patients, Students, Providers, and Worldview in Clinical and Academic Spaces*

Claire Erickson, BS, Graduate Research Assistant, University of North Dakota, Grand Forks

Tarlynn Tone-Pah-Hote, MSIII, Medical Student, University of North Dakota, Grand Forks

Waylon Decoteau, MSIII, Medical Student, University of North Dakota, Grand Forks

Judge Muskrat, BS, BSSE, MSIII, Medical Student, University of North Dakota, Grand Forks

Megan Corn, MSIII, Medical Student, University of North Dakota, Grand Forks

Prairie Rose Room 104

Session 12: *Empowering Community Members on Their Self-Management Journey*

Wendy Schmidt, MBA, BAN, RN, Senior Learning & Development Specialist, Sanford Health, Bismarck

9:50 – 10:05 am

Networking/Snack Break

Hall A

10:05 – 10:10 am

Exhibitor Message

Hall A

Blue Cross Blue Shield of North Dakota

10:10 – 11:40 am

Hall A

Healthcare Policy Panel: North Dakota Legislative Update

Senator Judy Lee, District 13, West Fargo

Representative Jon Nelson, District 14, Rugby

Representative Gretchen Dobervich, District 11, Fargo

Senator Sean Cleary, District 35, Bismarck

11:40 am – 12:15 pm

Prairie Rose Room 101

Session 13: *Healthcare Delivery in Tribal Communities*

Tasha Peltier, MPH, CPH, Partnership to Advance Tribal Health Quality Improvement Advisor and Community Engagement Advocate, Quality Health Associates of North Dakota, Minot

Prairie Rose Room 102

Session 14: *Utilizing Health Data: North Dakota Health Information Network*

Shila Blend, PhD, RN-BC, Information Technology Director, North Dakota Information Technology, Bismarck

Eric Hieb, Technology Lead, North Dakota Information Technology, Bismarck

Prairie Rose Room 103

Session 15: *Upstream Strategies in Maternal Child Health*

Katie Johnke, RDN, LRD, CLC, Nutrition Services Coordinator, Bismarck Burleigh Public Health, Bismarck

Jodie Fetsch, RN, Director of Nursing, Custer Health, Mandan

Keely Ihry, Director of Student Services, South East Education Cooperative, Fargo

Prairie Rose Room 104

Session 16: *Special Health Services: State-Based Care Coordination and Beyond*

Heather Kapella, BSN, RN, SHS Program Administrator – State School Nurse Consultant, North Dakota Department of Health and Human Services, Bismarck

Tina Feigitsch, SHS Claims Eligibility Administrator, North Dakota Department of Health and Human Services, Bismarck



Mark your calendar now!

June 3-5, 2024

2024 Dakota Conference on Rural and Public Health

Alerus Conference Center
Grand Forks, North Dakota

For Dakota Conference dates through 2025, go to:
ruralhealth.und.edu/dakota-conference/future-dates