



SPECIAL HEALTH SERVICES

NORTH DAKOTA DEPARTMENT OF HEALTH & HUMAN SERVICES



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SPECIAL HEALTH SERVICES (SHS)

- SHS is the designated Title V Children with Special Health Care Needs (CSHCN) program from the Maternal and Child Health (MCH) Block Grant

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CHILDREN WITH SPECIAL HEALTH CARE NEEDS

- Children with or at risk for chronic physical, developmental, behavioral or emotional conditions who generally also require health and related services beyond what is needed by children.
- This definition includes children with:
 - Disabilities
 - Chronic illnesses and conditions
 - Health related educational and behavioral problems

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SHS MISSION

- Promote a system of care and services that improve the health and well-being of individuals with special health care needs and their families.



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CROSS-CUTTING STRATEGIES

- Strategies that create the foundation of all SHS programs include:
 - Care coordination
 - Collaboration
 - Data-informed decisions
 - Information and education

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SHS PROGRAMS

- Coordinated Services Program
- Financial Coverage Program
- Newborn Screening and Follow-up Program
- Children with Special Health Care Needs System Enhancement Program

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COORDINATED SERVICES PROGRAM

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METABOLIC FOOD

- SHS provides formula and low-protein modified food products for individuals with PKU and MSUD

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MULTIDISCIPLINARY CLINICS

TYPES OF CLINICS INCLUDE:

- Asthma
- Autism
- Cleft Lip/Palate
- Developmental Evaluation
- Metabolic Disorders
- Myelodysplasia
- Neurodevelopmental Coordinated Care



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FINANCIAL COVERAGE PROGRAM

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DIAGNOSTIC SERVICES

- Promotes early diagnosis of SHS-eligible medical conditions
- Services can be covered until a diagnosis is confirmed or ruled out
- SHS only provides payment for eligible services
- Children must meet medical and financial eligibility criteria at 185% of the federal poverty level

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TREATMENT SERVICES

- Services are covered for children with confirmed eligible conditions
- Children must meet medical and financial eligibility criteria at 185% of the federal poverty level

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RUSSELL SILVER SYNDROME

- SHS pays for growth hormone treatment and medical food
- To enroll, individuals must have Russell Silver Syndrome and be birth to 18 years of age



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NEWBORN SCREENING AND FOLLOW-UP PROGRAM

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BLOOD SPOT SCREENING

- Newborn screening includes lab testing of all newborn infants for certain genetic/metabolic disorders
 - Screening test only, confirmatory testing is required
 - Early treatment can prevent major complications
 - Long-term follow-up program

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HEARING SCREENING

- North Dakota Early Hearing Detection and Intervention Program (ND EHDI)
 - Provides hearing screenings to all newborns in ND before hospital discharge
- Goal
 - Every newborn screened by 1 month, diagnosed by 3 months, and entered early intervention services by 6 months

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PULSE OXIMETRY SCREENING

- Measures the amount of oxygen in a newborn's blood. This is also known as Critical Congenital Heart Disease (CCHD) screening
- Identifies serious heart defects that need to be fixed early to help prevent other health problems
- ND Century Code States:
 - Before discharge of a newborn child born in a hospital with a birthing center, the newborn child must receive a pulse oximetry screening

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CHILDREN WITH SPECIAL HEALTH CARE NEEDS SYSTEM ENHANCEMENT PROGRAM

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CHILDREN WITH SPECIAL HEALTH CARE NEEDS SYSTEM ENHANCEMENT PROGRAM

- Family professional partnership
- Medical home
- Adequate health insurance
- Early and continuous screening and surveillance
- Easy to use services and supports
- Transition to adult health care

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THANK YOU!

▪ Special Health Services

Phone: 1-800-755-2714

Email: dohcshsadm@nd.gov

Website: <https://www.hhs.nd.gov/health/children/special-health-services>

▪ Newborn Screening

Phone: 1-800-755-2714

Email: nbs@nd.gov

Website: <https://www.hhs.nd.gov/cfs/newborn-screening>



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