

Upstream Strategies in Maternal Child Health

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Objectives



INCREASE KNOWLEDGE OF
THE MCH CHILD HEALTH
PRIORITY

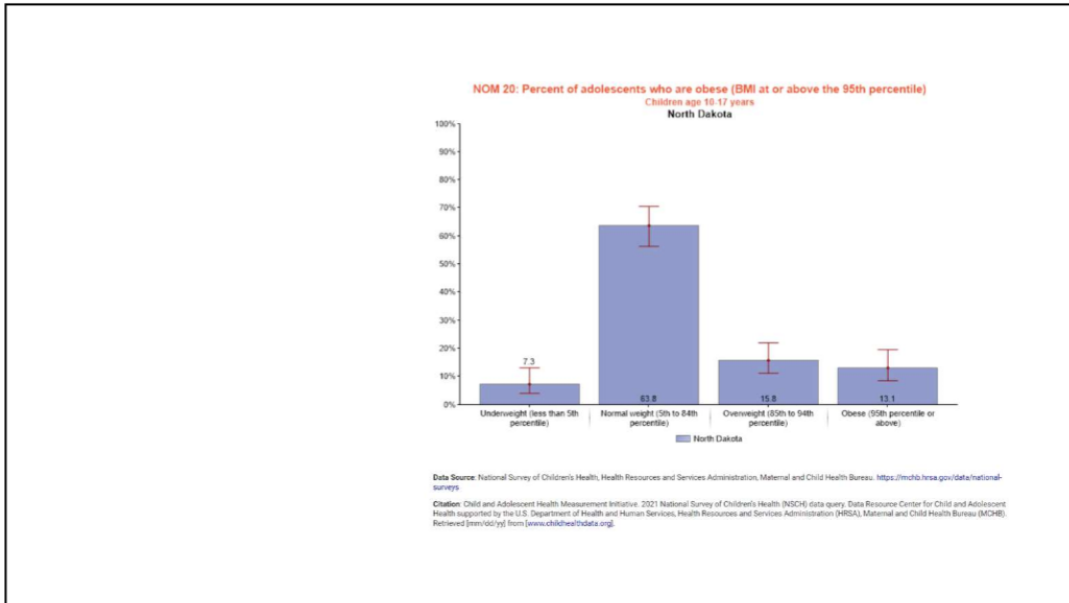


FACILITATE PARTNERSHIPS
TO INCREASE ACCESS AND
AVAILABILITY TO NUTRITION
AND PHYSICAL ACTIVITY

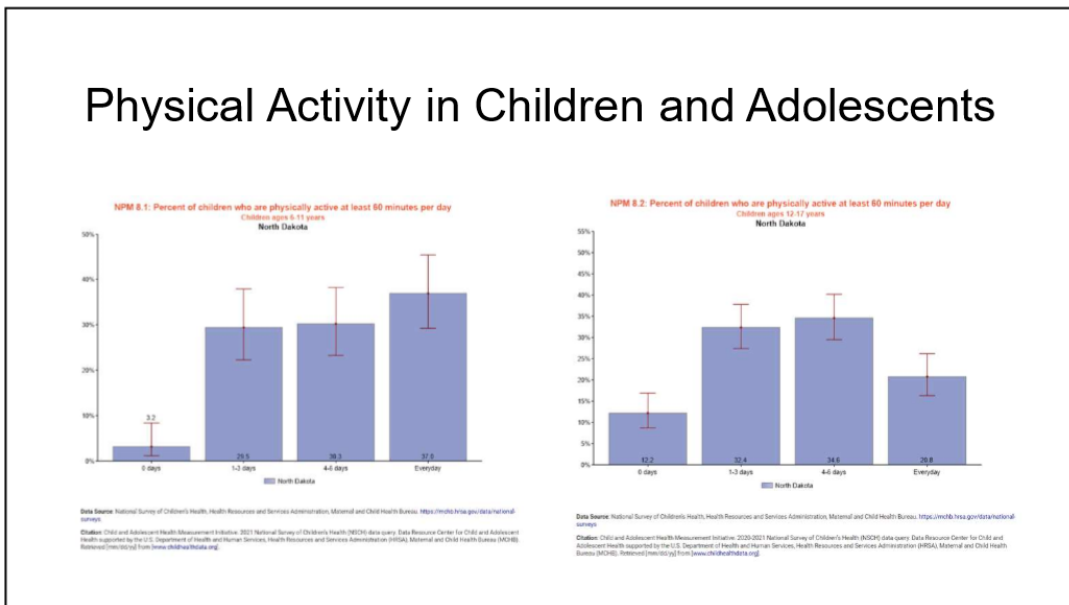


DEFINE A FULL-SERVICE
COMMUNITY SCHOOL

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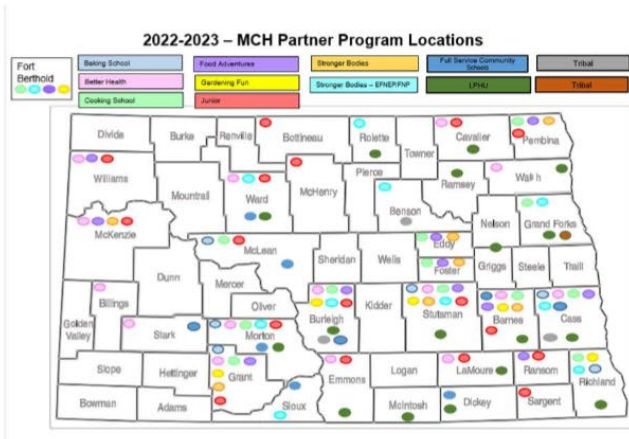
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MCH Child Health Priority

Goal: Increase the percent of children and adolescents who are physically active at least 60 minutes per day.



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Western Plains Public Health

Opportunities to provide physical activity and nutrition education to children:

- Head Start parent nights
- After-school programs
- Full-Service Community School in Cannon Ball, ND
- Walk for Wellness in Fort Yates, ND
- On the Move for 3rd-5th grade with NDSU Extension Service
- Concession stand nutrition education

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Full-Service Community School-Cannon Ball

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Walk for Wellness
Fort Yates, ND

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Walk for Wellness


Make 5 2 1 0 Your Goal EVERY DAY!

- 5** or more fruits & vegetables
- 2** hours or less recreational screen time*
- 1** hour or more of physical activity
- 0** sugary drinks, more water & low-fat milk

*Keep TV/Computer out of bedroom. No screen time under the age of 2.

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Bismarck-Burleigh
Public Health



Public Health
Prevent. Promote. Protect.
Bismarck-Burleigh Public Health

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Inspires people to collectively reimagine and reinvent public spaces as the heart of every community. Strengthening the connection between people and the places they share, placemaking refers to a collaborative process by which we can shape our public realm in order to maximize shared value.

-[Project for Public Spaces](#)

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Creative Placemaking

Move at the Zoo

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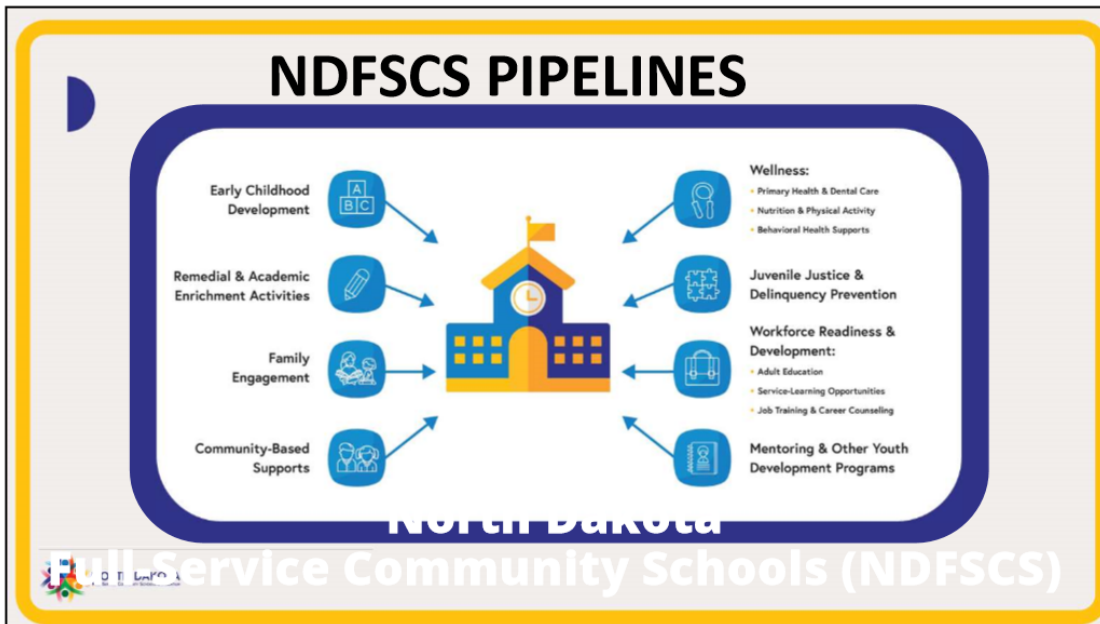


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Local Partnerships

Full-Service Community Schools
Standing Rock Public School
Head Start
NDSU Extension Service
Sporting event concession stands
Dakota West Arts Council
Local artists
Dakota Zoo
Bismarck Parks and Rec District
Kirkwood Mall
United Tribes Technical College
Bismarck Library

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WHO WE ARE

We are a Consortium representing a variety of ND schools and organizations who are passionate about helping ND students and families succeed.




WHAT WE DO

We partner with local leaders to coordinate comprehensive support in areas such as wellness, workforce readiness, and academic enrichment to help students, families, and communities thrive.



WHY WE DO IT

Students cannot learn when their basic needs are not met. Not all schools have the resources to meet all needs. NDFSCS supports schools and community partners in navigating these challenges together.

 NORTH DAKOTA

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The realities of ND students, families, and schools

What is Full-Service Community School?

Not all students come to school ready to learn due to various barriers.



Not all schools are equipped with the resources to provide for student and family need.



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What is Full-Service Community School?

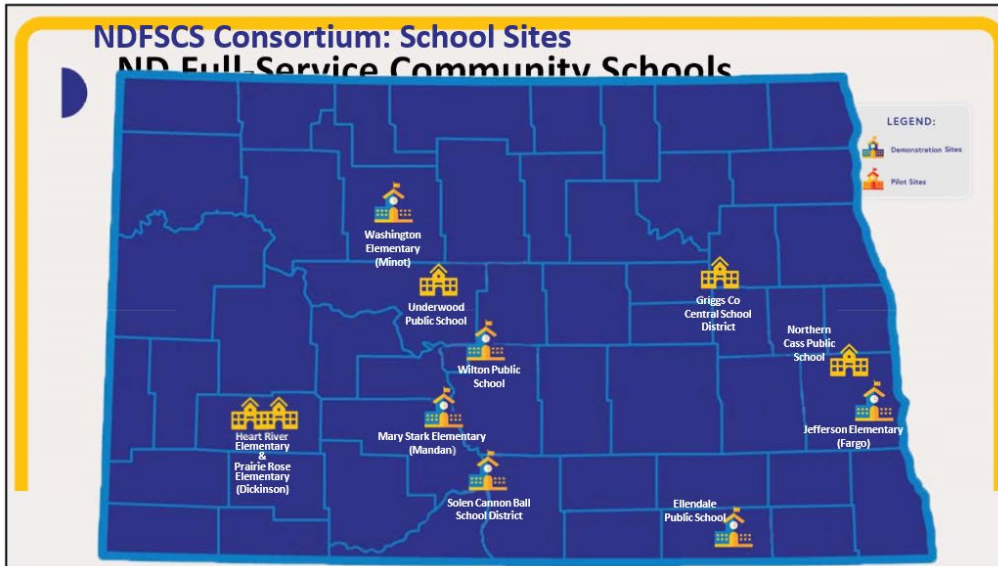
PLACE



SET OF PARTNERSHIPS



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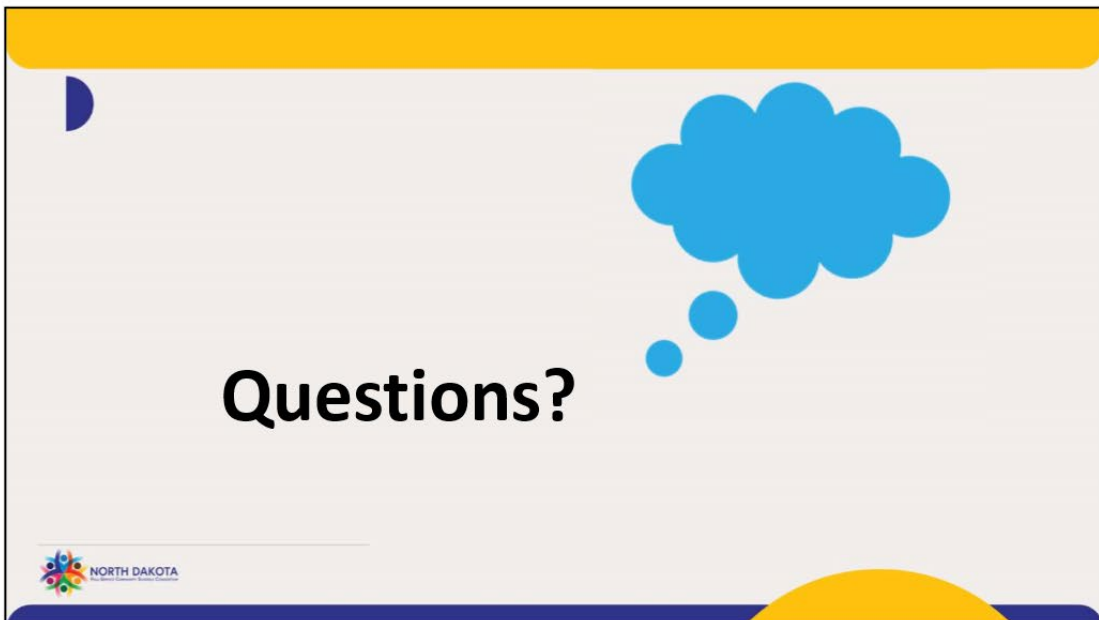
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