



Project Report

OCTOBER 2022

Rural Collaborative Opportunities for Occupational Learning (R-COOL-Health) Scrubs Camps and Scrubs Academies

“Dear UND,
Thank you
for putting on
Scrubs Camp
and I loved every
part of it! My
mom wished
that she had
gotten to go
when she was a
kid.”

— Bailio Boehler, 5th
grade Scrubs Camp
attendee

Kylie Nissen, BBA

Why Scrubs?

If students understand at an early age the wide range of options in healthcare, they are more likely to consider a healthcare career. In addition, if students are made aware of career opportunities in their hometown, they may consider returning home after completing their education.

What is a Scrubs Camp?

Scrubs camps are one-day events held in rural North Dakota communities to introduce students in grades 5-12 to a variety of careers in healthcare. They utilize interactive, hands-on activities led by local healthcare professionals. Students learn about specific careers and opportunities available in their communities. Presenters also share their own experiences in training and education and what it is like to work in a rural North Dakota community.

Community partners conducting a Scrubs Camp (which must include a local school system, healthcare entity, and economic or job development authority) can choose to work with

multiple grades, one grade, or can make attending the camp a competitive process within their community.

What is Scrubs Academy I?

Scrubs Academy I is an expanded version of the Scrubs Camps. It is an opportunity for North Dakota students to participate in numerous sessions covering a multitude of health careers led by local health professionals, instructors, and college students. This is a four-day/three-night camp held on the University of North Dakota (UND) campus. Students stay on campus throughout the duration of the camp, and it is open to any North Dakota junior high student who has completed grade six, seven, or eight.

What Is Scrubs Academy II?

Scrubs Academy II is a four-day/three-night camp for North Dakota high school students who have completed grades 9, 10, or 11. Students learn what it is like to be a health professional and see an array of healthcare professions that they may consider as careers. Students

“This is a great opportunity. It also was a great springboard for our organization to continue with a great program. The JMH Foundation board is excited to continue the program and find alternative sources of funding.”

— Kristen Vesledahl,
Jacobson Memorial Hospital
Foundation, Scrubs Camp
Site Coordinator

spend their days in various health facilities (Critical Access Hospitals, tertiaries, clinics, long-term care and assisted living facilities, ambulances, treatment centers), enjoy fun activities in the evenings, and spend the night in the Minot State University residence halls. Students have the opportunity to job shadow multiple professions during the course of the camp. The first Scrubs Academy II was scheduled to be held in July 2020 and 2021, but was cancelled due to COVID-19.

More Than a Lecture

The key success of these programs is the interactive opportunities they provide. For example, students learning about physical therapy will hear a firsthand account of a therapist's school and work experience. They then spend the majority of their time learning physical therapy skills through hands-on activities.

Scrubs Camps Impact

| Year | Camps Funded | Communities Involved | Students Involved | Volunteers Involved |
|-----------|--------------|----------------------|-------------------|---------------------|
| 2009/2010 | 14 | 61 | 1,016 | 292 |
| 2010/2011 | 9 | 36 | 441 | 239 |
| 2011/2012 | 9 | 56 | 407 | 211 |
| 2012/2013 | 9 | 57 | 682 | 286 |
| 2013/2014 | 9 | 56 | 635 | 197 |
| 2014/2015 | 8 | 56 | 699 | 263 |
| 2015/2016 | 9 | 57 | 830 | 382 |
| 2016/2017 | 10 | 70 | 891 | 363 |
| 2017/2018 | 10 | 57 | 931 | 419 |
| 2018/2019 | 9 | 64 | 953 | 240 |
| 2019/2020 | 8* | 28 | 381 | 158 |
| 2020/2021 | 7** | 86 | 1,226 | 202 |
| 2021/2022 | 9*** | 121 | 1,048 | 302 |

*an additional 8 canceled because of COVID-19 **an additional 2 canceled because of COVID-19 ***an additional 1 canceled because of COVID-19

| | | | | |
|--------------|------------|-------------------------|---------------|--------------|
| Total | 120 | 805 (213 unique) | 10,140 | 3,564 |
|--------------|------------|-------------------------|---------------|--------------|

Scrubs Academy Impact

| Year | Students Involved | Communities Involved |
|------|------------------------------|----------------------|
| 2011 | 38 (25 rural) | 21 |
| 2012 | 45 (34 rural) | 22 |
| 2013 | 56 (45 rural) | 27 |
| 2014 | 51 (33 rural) | 25 |
| 2015 | 56 (44 rural) | 25 |
| 2016 | 55 (35 rural) | 26 |
| 2017 | 56 (44 rural) | 21 |
| 2018 | 80 (52 rural) | 38 |
| 2019 | 84 (63 rural) | 27 |
| 2020 | canceled because of COVID-19 | |
| 2021 | canceled because of COVID-19 | |
| 2022 | canceled because of COVID-19 | |

| | | |
|--------------|------------|------------|
| Total | 512 | 232 |
|--------------|------------|------------|

AUTHOR

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More information

ruralhealth.und.edu/projects/scrubs-program

How Is the Scrubs Program Supported?

The R-COOL-Health Scrubs Program is supported by the Federal Health Resources and Services Administration, State Office of Rural Health (SORH) grant program along with state-appropriated funds designated for workforce development.